

NYS LOCAL FOODS

*Upstate Farms Dairy
-milk, yogurt, sour cream
*LynOaken Farms Apples
*Local Farm Vegetables and Fruit
used in Meal Program
highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

Pizza



6" Subs Pre Made(2M2G)

Salads Pre made
(Includes Dinner Roll) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)
Fruit & Yogurt Parfait
W/Dinner Roll

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz

If your Son or Daughter has a particular food allergy, please contact the food service office @ 716-257-3483 ext 5950

LUNCH

Monday



Meat Ball Sub

4

Baked Beans 1/2C
Green Beans 1/2C
Fresh Fruit -1 piece
Milk-8oz

Philly Cheese Steak Sub

11

Maple Glazed Carrots 3/4C
Broccoli 1/2C
Fruit 1/2C
Milk-8oz

Meat Ball Sub

18

Green Beans 1/2C
Baked Beans 1/2C
Fresh Fruit -1 Piece
Milk -8oz

Breakfast For Lunch
French Toast Sticks & Sausage

25

French Fries 1/2C
Carrots 3/4C
Fruit 1/2C
Milk-8oz

Tuesday



Pork Nacho Grande

5

Corn 1/2C
Sliced Carrots 3/4C
Fruit 1/2c
Milk -8oz

Taco In A Bag & Seasoned Rice

12

Black Bean Salad 1/2 C
Corn 1/2C
NYS Apple -1 Piece
Milk-8oz

Chicken Taco W/ Cheese,Lettuce Tomatoe,Sour Cream

19

Corn 1/2C
Sliced Peppers 1/2C
Fruit 1/2C
Milk-8oz

Taco W/ Cheese,Lettuce Tomatoe,Sour Cream

26

Corn 1/2C
Black Bean Salad 1/2C
Fresh Fruit- 1 Piece
Milk-8oz

Wednesday



Greek Chicken Pita

6

Steamed Broccoli 1/2C
Mashed Potatoes 1/2C
NYS Apple-1Piece
Milk-8oz

Sliced Turkey W/ Gravy & Seasoned Potatoes

13

Peas 1/2C
Tator Tots 1/2C
Fruit 1/2C
Milk-8oz

Flat Bread Pizza

20

Maple Glazed Carrots 3/4C
Cauliflower 1/2C
Fruit 1/2C
Milk-8oz

Meat Balls W/ Gravy Over Rice

27

Baby Carrots 1/2C
Green beans 1/2C
Fruit 1/2C
Milk-8oz

Thursday



Hot Dog W/ Assorted Toppings

7

NYS Cole Slaw 1/2C
1C Romaine Salad= 1/2C
Fruit 1/2c
Milk-8oz

Stromboli

14

Green Beans 1/2C
Sliced Cucumbers 1/2C
Fresh Fruit -1 Piece
Milk -8oz

Baked Chicken

21

Steamed Broccoli 1/2C
Peas 1/2C
NYS Apple -1Piece
Milk-8oz

Pork Sub

28

NYS Cole Slaw 1/2C
Broccoli 1/2C
NYS Apple-1Piece
Milk-8oz

Friday

Dr. Suess Day
Green Eggs and Ham on a Bagel
Truffula Trees-Broccoli 1/2C
Fox in Sox-Peas 1/2C
Lorax Oranges- 1 Piece
One Fish Two Fish Graham Cracker Fish
Milk-8oz

1

Mozzarella Sticks W/Sauce

8

Baby Carrots 1/2C
Celery sticks 1/2C
Fresh Fruit 1 piece
Milk-8oz

Grilled Cheese Sandwich

15

Baby Carrots 1/2C
Mixes vegetables 1/2C
Fresh Fruit -1 Piece
Milk -8oz

Hot Dog W/ Meat Sauce & Assorted Toppings

22

Sweet Potatoes 1/2C
1C Romaine Salad= 1/2C
Fresh Fruit 1 piece
Milk-8oz

Start of Spring Break
Enjoy Your Week!!!!

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